



PLANNING HORAIRES SAINT-MALO SAISON 2022-2023

	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI
10 h 00			10 h 00 – 11 h 00 Salle TRIANON <i>M11</i>		
11 h 00			11 h 00 – 12 h 00 Salle TRIANON <i>M5 (Baby)</i>		
12 h 00					
14 h 00			13 h 45 – 15 h 15 Salle TRIANON <i>M13</i> <i>M15 débutants</i>		
15 h 00					
16 h 00		15 h 30 – 17 h 00 Salle TRIANON Classe sportive	15 h 15 – 16 h 45 Salle TRIANON <i>M15 M17 M20</i>	15 h 30 – 16 h 30 Salle TRIANON Classe sportive	15 h 30 – 17 h 00 Salle TRIANON Classe sportive
17 h 00	16 h 30 – 17 h 30 Salle A. FRISTEL <i>M7 M9 M11</i>	17 h 00 – 18 h 00 Salle TRIANON <i>M7 M9</i>			17 h 00 – 18 h 00 Salle TRIANON <i>M7 M9</i>
18 h 00		18 h 00 – 19 h 00 Salle TRIANON <i>M11 M13</i>		17 h 30 – 19 h 00 Salle TRIANON <i>ESCRIME SANTE</i>	18 h 00 – 19 h 00 Salle TRIANON <i>M11 M13</i>
19 h 00		19 h 00 – 20 h 00 Salle TRIANON <i>M15 M17</i>		19 h 00 - 21 h 00 Salle TRIANON <i>ESCRIME ARTISTIQUE</i>	19 h 00 – 20 h 00 Salle TRIANON <i>M15 M17</i>
20 h 00		20 h 00 – 22 h 00 Salle TRIANON <i>M20</i> <i>SENIORS</i> <i>VETERANS</i> + Sport Adapté		<i>M17 M20</i> <i>SENIORS</i> <i>VETERANS</i>	20 h 00 – 22 h 00 Salle TRIANON <i>M20</i> <i>SENIORS</i> <i>VETERANS</i>
21 h 00					
22 h 00					